**PE Curriculum Map**

| Key Stage - EYFS  | Year Group - Reception |
| --- | --- |

| Learning outcomes for the school year  |  |
| --- | --- |

Planned programme / curriculum map based on 1 hour PE lessons a week.

| **Term**  | **Concept**  | **Learning Objectives from the EYFS Development Matters 2020 Physical Development - Statements**  | **Skills Children are completing within each term.** Movement Skills Sports Skills Thinking Skills People Skills  | **Hands, Head and Heart assessment criteria children will complete throughout the term.** Hands Head Heart  | **Can we link to the community? Can we link to class? Can we run a club?**  |
| --- | --- | --- | --- | --- | --- |
| Term 1  | Movement and Listening through Dance | * Revise and refine the fundamental movement skills

(rolling, crawling, walking, running, skipping, jumping, hopping and climbing) * Progress towards a more fluent style of moving, with developing control and pace
* Starting to develop their overall body strength. Coordination, balance and agility in activities such as Gymnastics, Dance and Athletics
* Combine different movements with ease and fluency
* Confidently and safely use a range of large and small apparatus indoors and outside alone and in a group
* Start to develop and refine a range of ball skills including; throwing, cathing, kicking, passing, batting and aiming
* Start to develop confidence, competence, precision and accuracy when engaging in activities that involve a ball
 | **Movement Skills -** **Running, throwing, jumping, Agility, balance, coordination** **Thinking Skills - become confident** **People Skills - enjoy PE**  | **Hands - skill development and application** **Listening** **Head - perseverance** **Heart - resilience, kindness** |  |
| Term 2  | Throwing and catching  | **Movement Skills - throwing, catching, running, agility, balance, coordination** **Sport Skills - simple tactics****Thinking Skills - become confident****People Skills - enjoy PE** | **Hands - skill development/ application, problem solve, listening** **Head - decision making, perseverance** **Heart - resilience, kindness**  |  |
| Term 3  | Movement through gymnastics  | **Movement Skills - Running, jumping, agility, balance and coordination #****Sports skills -** **Thinking Skills - apply learning in challenging situations, become confident** **People Skills - enjoy PE** | **Hands - skill application and development, problem solve, listening** **Head - reflective, perseverance** **Heart - resilience, empathy, kindness.**  |  |
| Term 4  | Ball skills - kicking and rolling  | **Movement Skills - Throwing, catching, jumping and running, agility, balance, coordination** **Sports skills -** **Thinking Skills - apply learning in challenging situations, become confident, apply in a range of activities****People Skills - enjoy PE** | **Hands - skill development and application, listening****Head - perseverance, reflective** **Heart - resilience and motivation**  |  |
| Term 5  | Movement through athletics  | **Movement Skills - throwing, catching, jumping, running, agility, balance and coordination** **Sport Skills - simplet tactics****Thinking Skills - applying in challenging situations, become confident, apply in a range of activities****People Skills - enjoy PE** | **Hands - team work, skill development and application, listening** **Head - reflective, tactics, perseverance** **Heart - resilience, respect, motivation, kindness**  |  |
| Term 6  | Batting games / over arm throw  | **Movement Skills - throwing, catching, running, jumping, agility, balance and coordination** **Sport Skills - participate in team games****Simple tactics** **Thinking Skills - apply learning in challenging situations, become confident, compete with self and others,****People Skills - engage in PE**  | **Hands - problem solve, team work, skill development and application, listening and competitive****Head - reflective, decision making, tactics, perseverance** **Heart - respect, empathy, kindness, motivation, resilience**  |  |