**PE Curriculum Map**

| Key Stage - EYFS | Year Group - Reception |
| --- | --- |

| Learning outcomes for the school year |  |
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Planned programme / curriculum map based on 1 hour PE lessons a week.

| **Term** | **Concept** | **Learning Objectives from the EYFS Development Matters 2020 Physical Development - Statements** | **Skills Children are completing within each term.**  Movement Skills  Sports Skills  Thinking Skills  People Skills | **Hands, Head and Heart assessment criteria children will complete throughout the term.**  Hands  Head  Heart | **Can we link to the community? Can we link to class? Can we run a club?** |
| --- | --- | --- | --- | --- | --- |
| Term 1 | Movement and Listening through Dance | * Revise and refine the fundamental movement skills   (rolling, crawling, walking, running, skipping, jumping, hopping and climbing)   * Progress towards a more fluent style of moving, with developing control and pace * Starting to develop their overall body strength. Coordination, balance and agility in activities such as Gymnastics, Dance and Athletics * Combine different movements with ease and fluency * Confidently and safely use a range of large and small apparatus indoors and outside alone and in a group * Start to develop and refine a range of ball skills including; throwing, cathing, kicking, passing, batting and aiming * Start to develop confidence, competence, precision and accuracy when engaging in activities that involve a ball | **Movement Skills -**  **Running, throwing, jumping, Agility, balance, coordination**  **Thinking Skills - become confident**  **People Skills - enjoy PE** | **Hands - skill development and application**  **Listening**  **Head - perseverance**  **Heart - resilience, kindness** |  |
| Term 2 | Throwing and catching | **Movement Skills - throwing, catching, running, agility, balance, coordination**  **Sport Skills - simple tactics**  **Thinking Skills - become confident**  **People Skills - enjoy PE** | **Hands - skill development/ application, problem solve, listening**  **Head - decision making, perseverance**  **Heart - resilience, kindness** |  |
| Term 3 | Movement through gymnastics | **Movement Skills - Running, jumping, agility, balance and coordination #**  **Sports skills -**  **Thinking Skills - apply learning in challenging situations, become confident**  **People Skills - enjoy PE** | **Hands - skill application and development, problem solve, listening**  **Head - reflective, perseverance**  **Heart - resilience, empathy, kindness.** |  |
| Term 4 | Ball skills - kicking and rolling | **Movement Skills - Throwing, catching, jumping and running, agility, balance, coordination**  **Sports skills -**  **Thinking Skills - apply learning in challenging situations, become confident, apply in a range of activities**  **People Skills - enjoy PE** | **Hands - skill development and application, listening**  **Head - perseverance, reflective**  **Heart - resilience and motivation** |  |
| Term 5 | Movement through athletics | **Movement Skills - throwing, catching, jumping, running, agility, balance and coordination**  **Sport Skills - simplet tactics**  **Thinking Skills - applying in challenging situations, become confident, apply in a range of activities**  **People Skills - enjoy PE** | **Hands - team work, skill development and application, listening**  **Head - reflective, tactics, perseverance**  **Heart - resilience, respect, motivation, kindness** |  |
| Term 6 | Batting games / over arm throw | **Movement Skills - throwing, catching, running, jumping, agility, balance and coordination**  **Sport Skills - participate in team games**  **Simple tactics**  **Thinking Skills - apply learning in challenging situations, become confident, compete with self and others,**  **People Skills - engage in PE** | **Hands - problem solve, team work, skill development and application, listening and competitive**  **Head - reflective, decision making, tactics, perseverance**  **Heart - respect, empathy, kindness, motivation, resilience** |  |