

Approach to PSHE



Tadpole Farm
CE Primary Academy



What PSHE looks like at Tadpole Farm CEPA...

PSHE is taught weekly from YN - Y6 following our jigsaw scheme. Alongside the Personal, Social and Health curriculum (PSHE), we also teach Relationships and Sex education (RSE), through Jigsaw, a mindful approach to PSHE and RSE. Though this discussion and reflection based approach to PSHE all children are able to access the curriculum in a way that is appropriate to them.

Intent:

What do we want children to learn?

Our personal, social and health education (PSHE) curriculum aims to assist children to prepare for adult life by supporting them through their physical, emotional and moral development and helping them to understand themselves, respect others and form and sustain healthy relationships.

It enables our children to become healthy, independent and responsible members of a society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society.

We also aim to develop children who are reflective individuals and who have a strong awareness of their own wellbeing as well as an awareness of, and respect for, others.

Children will be able to communicate and manage their thoughts and feelings

Children will develop the attributes needed to thrive as individuals, family members, members of society and the global community

Implementation:

How do we do it at Tadpole Farm CEPA?

Jigsaw is divided in to 6 strands and each strand is taught once a year. It is a progressive scheme, with each unit being built upon year after year, so that the children become very familiar with the main topic strands and format of each lesson. As children develop in age, so does the content of what they learn. All lessons are delivered, in a calm manner, with children free to ask questions and discuss the topic openly with their peers and friends.

Through Jigsaw we aim to provide and prepare our children for the ever changing world around them. Our children are provided with opportunities to reflect on their experiences and understand how they are developing personally, physically and socially, whilst gaining skills to help them navigate the many spiritual, moral, social and cultural issues that are part of growing up.

They also learn to understand and respect our common humanity; diversity and differences so that they can go on to form effective, fulfilling relationships that are an essential part of life and learning.

Lessons involve class discussions, group activities and own time to reflect.

Links are made between PSHE and the wider curriculum and worship

Whole school PSHE books and a display celebrate the progression throughout each strand taught in school.

Impact:

On leaving Tadpole Farm CEPA, children will...

Children will demonstrate and apply the British Values of democracy, tolerance, mutual respect, rule of law and liberty.

Children are caring, respectful and confident individuals who are prepared for the next step in their journey and into the future.

Children demonstrate the skills of being a good citizen both in their local environment and globally.